

Wednesday E-Folder

February 1, 2012

As our nation observes the blessing of Catholic Schools, may we pray in thanksgiving for the gift of our faith-filled education. As we joyfully celebrate the reward of spiritual and intellectual nourishment, let us reflect on the following:

Prayer for Catholic Education

*Blessed are you, O Lord our God.
You give our children time for growing and learning
and you give us the gift of Catholic education.*

*With your servant, Saint Francis de Sales, may we offer thanksgiving for the gift of our school.
And with your servant, Saint John Baptist de La Salle, we offer gratitude for the gift of our teachers.*

*And with your servant, Saint Elizabeth Ann Seton, we thank you for the gift of our learning
And with your servant, Saint John Bosco, we give praise for the gift of our faith.*

*As these holy saints have been your servants,
Help us also to serve you and work toward a faith-filled future.*

*God, our Father and Creator, be with us in our school.
Help us to treasure your gift of life and treat one another with care.
And always remember that we are all created in your image.*

*Come, Lord Jesus, and be with us in our school.
Guide our teachers,
guide our parents,
and lead our students
to recognize you in all people.*

*Come, Holy Spirit, and be with us in our school.
Give us a vision for the future,
and the determination for shaping a faith-filled future.....AMEN*

Weekly Mass

Students in grades 4-8 are scheduled to celebrate Mass on Wednesday, February 8th at 8:30am. Parents and other guests are always invited to attend these Eucharistic celebrations.

Grandparents Day and Special Friends Luncheon

As we quickly approach this special day, the following information will help guide the process for Grandparents/Special Friend Day.

- To begin, all Grandparents/Special Friend guests should arrive at 10am and enter the building through the Parish Center main entrance. I will be meeting with our guests there before they move onto their grandchild's classroom.

- Since we are not assigning tables and expect all students and their guests to eat in the Parish Center together during one sitting, the seating and table space makes it necessary for families to share table space with other families (should there be open seating at that table).
- If you choose to decorate a table prior to 11:00am, I would ask you to only reserve seating for the seats you will require. For example, please feel free to place a placard marked RESERVED for J. SMITH (for example) for each seat you require. This way, other families may use those seats that are unreserved.
- Each table will be marked with a table number. This way, if you decorate a table prior to 11:00am, then we can direct your guest and their student to their decorated table area.
- Grandparents are certainly welcome to sign-out your child(ren). However, this must be confirmed with your child's homeroom teacher before the children and their guests move to the Parish Center for lunch. At the point that your child is signed out, they will officially be in the hands of your child's guests. However, if the guest does not plan to sign-out your child, that child will need to return to his/her classroom until dismissal.
- For those students who do not have a guest planning to visit campus on Friday, those students are invited to attend Mrs. Nascimbeni's **pARTy PALACE** for a special luncheon. Please note that reservations are required for this student only luncheon.
- As another option, it is also permissible to be signed-out by a parent before the 11:00am luncheon.
- Dismissal on this day is at 12:10pm.
- Please remember that the luncheon is intended **ONLY** for our students and their grandparents/special friends. Parents and other additional family members are not included in this event. This day is meant to provide a special morning for your child and their Grandparent or Special Friend.

New Spirit-Wear Items

Spirit-Wear items will also be available on Friday morning during the *Grandparents/Special Friend Day*. Proceeds from these sale items benefit the National Junior Honor Society. Purchases may be made with either cash or check.

This Week in Athletics

Girls Basketball – Maroon Team:

- Thursday, February 2nd in Ocean Pines vs. Most Blessed Sacrament.
 - School departure time at 2:00pm and a game time of 3:30pm.
- Tuesday, February 7th at St. Francis vs. the Country School for their hosted tournament.
 - School departure time at dismissal and a game time of 4:00pm.
- Tuesday, February 7th at St. Francis vs. the Country School.
 - School departure time at dismissal and a game time of 4:00pm.

Girls Basketball – Gray Team:

- Thursday, February 2nd in Ocean Pines vs. Most Blessed Sacrament.
 - School departure time at 2:30pm and a game time of 4:00pm.
- Tuesday, February 7th at St. Francis vs. the Country School.
 - School departure time at dismissal and a game time of 5:00pm.

Boys Basketball:

- Thursday, February 2nd in Ocean Pines vs. Most Blessed Sacrament.
 - School departure time at dismissal and a game time of 4:30pm.

- Saturday, February 4th at Salisbury Christian School for their hosted tournament.
 - Tournament games scheduled from 9:00am – 2:00pm.
- Tuesday, February 7th in Easton at the Wesleyan Church vs. the Country School.
 - 5th and 6th grade boys depart at 2:20pm and a game time of 4:00pm.
 - 5th - 8th grade boys depart at 3:20pm and a game time of 5:00pm.

School Auction Update

Were on our way! Mark your calendars for the March 24th event and prepare to travel across the USA for a great night of food, fun, music, and loud and silent auctions - all to benefit our children at SFdSCS. The Auction is our BIGGEST FUNDRAISER but we can't do it without YOUR support! Please [CLICK HERE](#) to access important information about this event. Thank you in advance for your generous support!

Pre-Super Bowl Tailgating Party

If you are 21 & over, please join us on Saturday, February 4th at 7:00pm in the Parish Center for a Pre-Super Bowl Tailgating Party. Hot dogs and light snacks will be provided, as well as fun and festive dance music. Wear your favorite team's jersey. Bring your best homemade chili and have it judged for the chance to win \$100. It's BYOB and you are welcome to bring any of your favorite tailgating snacks. Tickets are \$8 per person or \$15 per couple. Reservations can be made by calling the Parish Office at 410-742-6443.

The Milk Carton Campaign

On behalf of Mrs. Wallace and the members of the National Junior Honor Society, I am proud to report that collections from the Milk Carton Campaign gathered \$666.56 for the Salvation Army. Thank you for your generous support!

Notes from the Nurse's Office

February is National Children's Dental Health Month. This annual event is meant to raise awareness among families about the importance of good oral hygiene. Teeth are meant to last a lifetime, with proper care, a healthy diet, and regular dental visits, children can have a healthy, happy smile.

Maintaining good oral hygiene is one of the most important things you can do for your child's teeth and gums. Brushing twice a day should take two minutes each time. Use short, gentle strokes, paying extra attention to the gum line and hard to reach back teeth. Use a small headed brush with soft bristles. Brushes should be replaced when they show wear or every three months. Whichever comes first.

Flossing removes plaque. Curve the floss around the base of the each tooth and slide it gently up and down between the teeth, Never snap or force the floss, as this can cut or bruise the gums. Always use a clean section of floss as you go from tooth to tooth. Remove the floss using the same back and forth motion to bring the floss up and away from the teeth,

Cleansing the tongue removes bacteria and dead cells. It also helps keeping the breath fresh.

Mouthwash freshens the breath after the teeth are clean and helps rinse away food particles.

Examine your child's mouth regularly for swollen gums, chipped or discolored teeth, sores or lesions on gums, cheeks, or the tongue. You are the best person to notice changes.

There are eight steps to dental health

1. Understanding your own health needs
2. Commit to a daily oral health routine
3. Use fluoride
4. Brush and floss to remove plaque
5. Limit snacks, especially those high in simple sugars and eat a balanced diet.
6. If you use tobacco in any form quit
7. Exam your mouth regularly
8. Visit your dental office regularly

www.colgate.com/oralcare

Notes from the Athletic Attic

Just remember that eating together as a family is more than just a meal; the goal is to get everyone to the dinner table and to spend quality time together. Please [CLICK HERE](#) for some strategies that can help you getting started eating together as a family unit.

Volunteer Hours

As a reminder, each family is required to complete 30 hours of volunteering for the school. With that said, there are plenty of lunch hour shifts available. Please click the following link: <http://www.stfrancisdesales.net/useful-links.cfm>. Once there, please select the Volunteer Spot icon and choose those days that are able to accommodate your schedule. There are plenty of recess and lunch room duties available. Thank you for your continued support of our school community.

Tuition Assistance

Tuition assistance applications are now being accepted by the Diocese of Wilmington for the upcoming 2012-2013 school year. Families who believe they are in need of financial aid are encouraged to apply.

To be considered for assistance, parents must submit an application to FACTS Grant & Aid Assessment for an evaluation of need. Each interested family with children in grades K-8 is asked to apply through FACTS online at www.factstuitionaid.com.

It is important to note, all applications and all required documentation must be received by FACTS **no later than March 1, 2012**. There is no exception to this deadline.

Delmarva Shorebirds Dance Team

The Delmarva Shorebirds Dance Team is an opportunity for children from ages 6-19 to participate in an engaging and fun activity. This summer, team members will perform six times at Shorebirds Stadium. Registration for the program is scheduled for Saturday, February 4th. If you are interested, please [CLICK HERE](#) for more information.